

# WELLNESS KEEPERS COACHING AGREEMENT

Comments and ideas provided by Celeste Keepers, Health Coach for Wellness Keepers, LLC, are solely for the purpose of supporting the client's individual health goals. She is not a physician, nutritionist or therapist. She does not claim to diagnose, treat, prevent, or cure any physical or mental health conditions. All visits and communication are confidential unless permission is granted in writing to discuss health information with another individual. Please discuss any major diet, supplement, medication or fitness changes with a qualified healthcare provider.

I hereby agree to defend, indemnify and hold harmless Celeste Keepers and Wellness Keepers, LLC from any and all claims, demands, losses, damages, and liabilities with respect to any and all property damage or personal injury arising from participation in activities or consultations. I assume all risks while in, about, or upon the properties where activities or consultations are performed, whether those risks are known or unknown to myself.

I, the undersigned participant, affirm that I am of the age of 18 years or older, and have carefully read this release in its entirety, understand it, and sign it voluntarily. I understand that this agreement is intended to be as broad and inclusive as permitted under applicable law.

---

Payment is **due at time of service** unless otherwise arranged in advance.

Please allow **24 hour** notice if cancellation of a scheduled appointment is necessary. Payment will be expected if appointment is cancelled after this time.

By signing below, you agree that you have read and understand the above statements.

Name & Phone Number : \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

In the event of an emergency, please contact the following person:

Emergency Contact Name & Phone Number: \_\_\_\_\_

